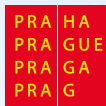


IFBB
ELITE PRO



2020 IFBB
ELITE PRO
Diamond Cup Prague
3.-4. October
hotel Hilton



Welcome to 2020 IFBB ELITE PRO Diamond Cup Prague

The first edition of IFBB ELITE PRO – Diamond Cup Prague 2020 will be held on October 4th, 2020 in the capital of the Czech Republic, Prague, the Heart of Central Europe at one of the most beautiful Prague hotels, Hotel Hilton Prague.



Prague

Prague is the capital of the Czech Republic and one of the most beautiful and most visited cities in Europe. As a venue for smaller and larger sports, scientific and social events, Prague offers countless leisure opportunities. The value and splendor of its historical sites is known worldwide. Its thousand years of history will unforgettably stick in people's mind and its appreciation is also shown by the fact that it was included in the UNESCO World Heritage List. The so-called "City of a Hundred Spires" offers a number of historical monuments, such as the Old Town Square, the heart of the historic town with Baroque buildings, Gothic churches and a medieval astronomical clock that strikes every hour accompanied by moving figures of the Apostles and the famous Charles Bridge as well as Prague Castle. The river Vltava flows through Prague.



Venue

Hilton Prague Congress Hall

The competition will be held in the Congress Centre of a beautiful Prague hotel Hilton, which is ideal for holding large events and a significant bonus is the possibility of accommodation at the place of the venue.

The Congress Hall is directly accessible from the hotel's car park and has its own entrance, which provides the participants with the necessary level of comfort.



Accommodation

Hotel Hilton Prague – Official Hotel (Pobřežní 1, Prague, 186 00, Czech Republic)

[CLICK HERE](#) and book your **ACCOMMODATION**

is one of the best hotels in the Czech Republic and the best choice for any event. It offers bright, spacious design rooms with large windows. Enjoy views of the Vltava River and the city or even the glazed hotel atrium. The hotel offers a choice of three restaurants and two bars, offering guests a varied selection of dishes and drinks from both modern and traditional international cuisine. Cloud 9 Sky Bar at the roof of Hilton Prague offers spectacular views of Prague.

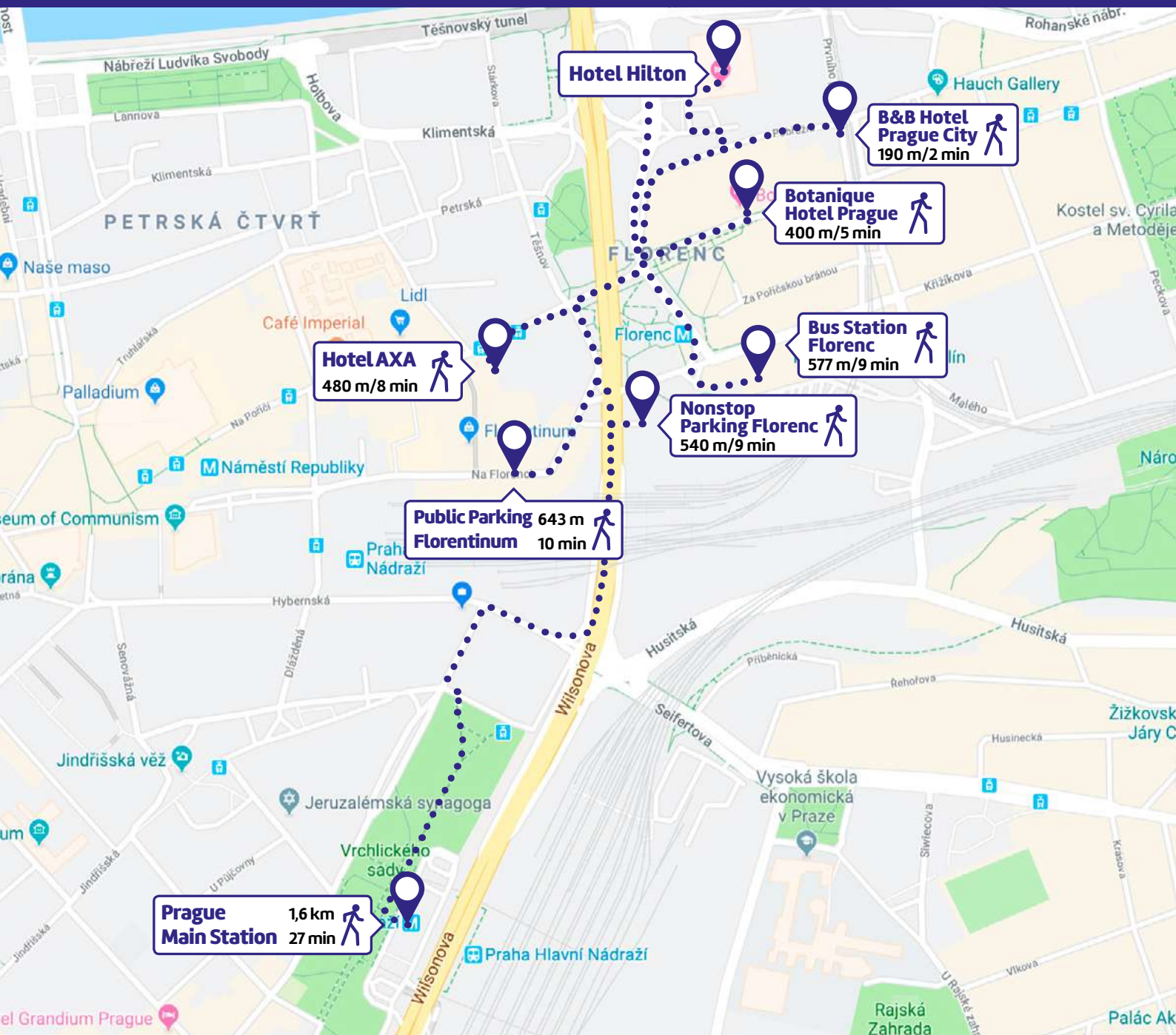


Hilton Prague hotel is located on the right bank of the Vltava River near the charming historic city centre. It is located just three minutes from the line C metro station "Florenc" and about 30 minutes from the Václav Havel Airport Prague.

Participants can book their accommodation with special prizes guaranteed only for this event at:

[CLICK HERE](#) and book your **ACCOMMODATION**

This special room rate will be available until October 03rd, 2020 or until the group block is sold-out, whichever comes first.



Arrivals and airport

The official arrival day is Saturday, October 3rd, 2020. The official airport is Václav Havel Airport Prague.

Recommended connections to the venue are:

Taxi services

available directly at the airport.

The travel time is approximately 30 minutes.

Public transport

Bus No. 100 from the stops Terminal 1 (Exit D, E, F) and Terminal 2 (Exit C, D, E) Zličín (metro line B).

Travel time: about 1 hour to the destination at Florenc.

Regiojet bus

connection from the airport directly to Florenc bus station. The travel time is approximately 30 minutes. The Regiojet bus stop is located in Aviatická Street. Upon leaving any exit of the terminals, cross the pedestrian crossing to the stop, which can be found under the overpass of one of the roads. The stop is marked with Regiojet boards. The ticket can be purchased directly from the driver.

Registration

The official arrival day is Saturday, October 3rd, 2020. The Official Athlete Registration will be held on Saturday at the venue, next to the Congress Hall at the Hotel Hilton Prague from 19:00 to 20:00.

Registration fee

Registration Fee for athletes will be €100 and will include the coach's backstage pass. This has to be paid in cash at registration. Top 5 in the 2019 IFBB ELITE PRO World Championships are exempted from paying this fee.

Visas

It is athletes responsibility to obtain an entry visa for the country organizing the championship. All National Federations could ask for an Invitation Letter either to the Championship Organizer or IFBB. The invitation letter does not mean you are granted your visa. IFBB and Championship organizers are not responsible for attendant visas. Detailed information can be found at: www.schengenvisainfo.com/czech-republic-visa/.

Climate

The average temperature in October ranges from 13°C to 18°C. The sun rises around 07:00 and sets around 18:30. There is the possibility of light rain showers.

Currency

The national currency of the Czech Republic: Czech crown (CZK). Current rates at: www.x-rates.com/table/?from=CZK&amount=1
It is also possible to pay in Euros in selected shops and restaurants in the city centre, which also goes for most taxis.

Language

The official language is Czech. You can speak English in hotels, restaurants and tourist areas.

Sockets used in the Czech Republic:

Type: E, E/F, C. Voltage: 230 V, frequency: 50 Hz. More info at: www.worldstandards.eu/electricity/plug-voltage-by-country/

Covid-19

As a consequence of the Covid-19 epidemic we recommend to check the situation regularly, so that you may be fully updated on news, such as opening or closing borders.

Tentative program:

SATURDAY, October 3rd, 2020

Official arrival day

19:00-20:00 Meeting Elite Pro and registration

SUNDAY, October 4th, 2020

RELEASE OF START NUMBERS:

20:00 Release of start numbers

21:00 Elite Pro

MONDAY, OCTOBER 5th, 2020

Official departure day

CATEGORIES & PRICE MONEY

BODYBUILDING OPEN: \$ 5000

1st: \$ 1800

2nd: \$ 1000

3rd: \$ 1000

4th: \$ 600

5th: \$ 600

BIKINI FITNESS: \$ 4000

1st: \$ 1500

2nd: \$ 800

3rd: \$ 800

4th: \$ 450

5th: \$ 450

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