



# IFBB ELITE PRO

## ELITE PRO SHOW MALTA

23<sup>rd</sup> - 24<sup>th</sup> April 2022

## INSPECTION REPORT

The Malta Physique Promotions proudly invites all IFBB Elite Pro Athletes to compete in the 5<sup>th</sup> edition of the IFBB Elite Pro Malta.

### **THE MALTESE ISLANDS**

The Maltese archipelago lies virtually at the centre of the Mediterranean, 93 km south of Sicily and 288 km north of Africa. The archipelago consists of three islands: **Malta**, **Gozo** and **Comino** with a total population of over 400,000 inhabitants occupying an area of 316 square kilometres. Malta is the largest island and the cultural, commercial and administrative centre. Gozo is the second largest island and is more rural, characterised by fishing, tourism, crafts and agriculture. Comino, the smallest of the trio, has one hotel and is largely uninhabited.

Even though small in size, Malta has a surprisingly rich heritage. It has been described as one big open-air museum. What makes it unique is that so much of the past is visible today. Delve into the island's mysterious prehistory, retrace the footsteps of St. Paul or see where the Knights of St. John fought their most famous battles.

Wherever you go, the scenery and architecture provide a spectacular backdrop. The colours are striking, honey-coloured stone against the deepest of Mediterranean blues but what makes this archipelago



special is the people. The Maltese are a warm and welcoming population and hospitality is a long upheld tradition on the island.



**THE VENUE:**

The official hotel of the event is The Corinthia Hotel, St George's Bay, St. Julians.

**Registration & Contest will take place in this Hotel**

There are many other hotels in the vicinities.



## ARRIVALS AND AIRPORT

Saturday 23<sup>rd</sup> April, is the official arrival day. **Malta International Airport** is the primary international airport .

**PLEASE NOTE: Reservation, booking and all costs for hotel accommodation, travelling, transport from and to the airport and meals, are the responsibilities of the national federations or individual athletes. Check with your National Federation for more information.**

## CATEGORIES & PRICE MONEY:

Body Fitness: € 3000

Classic Physique: € 3000

1<sup>st</sup>:€ 1500

2<sup>nd</sup>:€ 1000

3<sup>rd</sup>:€ 500



## REGISTRATION & PARTICIPATION

There will be no registration fee for the athletes.

This event is open for all the IFBB Elite PRO Athletes. In order to participate, athletes should have their IFBB Elite PRO cards on duty and registering by their profiles at the IFBB Elite PRO system: <https://www.elitepro.gbisportinnovation.com/licence-access>

If you need to contact IFBB Elite Pro Head Office, please send an email to [info@eliteproifbb.com](mailto:info@eliteproifbb.com)

## TANNING

The IFBB has banned all tans that can be wiped off. An official will check the tan of all athletes backstage and if the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage.

ELITE TAN is the Official IFBB Tanning Sponsor. Kindly contact [gragerada@hotmail.com](mailto:gragerada@hotmail.com)

Make-Up & Hairstyling Services will also be available and you can book directly at registration.

## VISAS

A valid passport is required to enter the Republic of Malta. The passport should be valid for at least 90 days following your departure date from Malta and should have at least one blank page for visas.

EU-country citizens do not need to obtain a visa. All other countries should consult the Malta's diplomatic missions in their countries to determine if they need a visa.

An Official Letter of Invitation will be made available if required.

**LANGUAGE**

Malta has two official languages: Maltese and English.

**TIME DIFFERENCE**

UTC/GMT +1 hour (CET - Central European Time Zone)

**CURRENCY**

The official currency in Malta is Euro (EUR).

**ELECTRICAL CURRENT**

230 V, 50 Hz. Plugs and sockets of type G (plug has three rectangular prongs).

Better to check at: <http://www.worldstandards.eu>

**CORRESPONDENCE AND INFORMATION**

Further information can be requested by email addressed to the MFBBF President Mr. Ralph Decelis: [ralphdecelis@gmail.com](mailto:ralphdecelis@gmail.com)

**TENTATIVE PROGRAM****Saturday, 23<sup>rd</sup> April 2022**

Official Arrival Date

19:30 - Meeting and Registration for all the athletes

**Sunday, 24<sup>th</sup> April 2022**

18:00 -Elite Pro Show

