



NAME OF THE EVENT: World Championship Bodybuilding up to 95 kg and Wellness

RedPit Pro Men's Physique

CITY / COUNTRY: Póvoa de Lanhoso

DATE: 17 and 18 Nov.

OPEN FOR: ALL IFBB ELITE PRO ATHLETES

DAY OF ARRIVAL 17 Nov.

DAY/TIME OF COMPETITION: 18 Nov. at 8:30 pm

PLACE OF COMPETITION: Multi-Sports Escola Secundária Póvoa de Lanhoso

Rua Pte.de Pereiros Póvoa de Lanhoso

DAY OF DEPARTURES 19 Nov.

TECHNICAL MEETING DAY: 17

Nov.

TIME: 7pm

PLACE: Multi-Sports da Escola Secundária

Póvoa de Lanhoso

RECOMMENDED AIRPORT: Aeroporto Francisco Sá Carneiro, Porto

VISA INFORMATION:

 An Official Letter of Invitation will be available if required. An athlete, who needs an invitation letter should send the request to contact directly IFBB Elite Pro Card with copy to the Organizing Committee. The IFBB Elite Pro Athlete is responsible to carefully control the proper, legal use of the visa by his/her athlete and it will be subjected to a fine and/or a suspension, in case of any misuse and/or unlawful utilization of the same visa.

VENUE: Multi-Sports Escola Secundária Póvoa de Lanhoso

Rua Pte. de Pereiros Póvoa de Lanhoso





HOTEL INFORMATION:

RECOMMENDED HOTEL: Hotel das Taipas Guimarães

Booking: HOTELDASTAIPAS@GMAIL.COM

(+351) 253479980

REGISTRATION:

THERE IS NO REGISTRATION FEE FOR IFBB ELITE PRO ATHLETES.

The Athlete need to register also in the IFBB Elite Pro system: https://app.eliteprocard.com/

All IFBB ELITE PRO competitors from ALL OVER THE WORLD, who have the Elite Pro Cards in order, are eligible to compete in this IFBB Elite Pro competition by sending request of approval to the IFBB Elite Pro Office in Madrid: info@eliteprocard.com with a copy to

The declaration should include:

- Name, date, and place of contest
- Given name + family name of the competitor.
- Date of Birth
- Represented country (passport copy)
- Category
- Email address and mobile phone number

The final decision to allow an athlete to compete in this event rests with the IFBB Elite Pro.





REGISTRATION:

Each athlete should have at the registration:

- ID Document or passport
- IFBB Elite Pro Card
- Music on USB Drive.

The posing music must be the only track on USB, ready to be played, kindly use MP3 file format.

- Posing music for Bodybuilding and Classic Physique is 2 minutes.
- Each competitor must affix his name on the USB Drive for easy identification.

The use of profane, vulgar, and offensive language is strictly prohibited in the posing music.

MONEY PRIZES AND CATEGORIES

Bodybuilding up 95 kg - 10 000 € Wellness - 8 000 € Men's Physique - 3 000€

CAMERA / VIDEO TAPE EQUIPMENT

Cameras and/or video tape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by the IFBB Elite Pro authorized media person and, in any EVENT, these devices shall be strictly prohibited in the dressing room area.





TANNING NEEDS:

The IFBB ELITE PRO has banned all tans that can be wiped off. An official will check the tan of all athletes backstage and if the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage.

CONTACT INFORMATION:

If needed, you can contact us for more details or any doubt or issue on:

Contact details for additional correspondence:

or IFBB ELITE PRO CARD info@eliteprocard.com

JUDGES:

IFBB Elite Pro Judges should declare their readiness to work at this Elite Pro Event by sending a request to the IFBB Elite Pro by email: info@eliteprocard.com

Please send us the following information:

Contest name, date and place, judge would like to work at.

The name and surname of a judge (with passport or ID copy)

Represented country (passport drawer)

Passport or ID number

Current place of Stay (address)

Email Address and mobile phone number.

After the deadline, the Elite Pro Head Office will analyze submitted request and will compose the panel, taking into account the place of the contest and location of judges. Then, the Elite Pro Office will inform selected judges on the final decision and participation conditions. All IFBB Elite Pro Judges must have a valid IFBB Elite Pro Judge's Cards with the IFBB Elite Pro yearly judges of fee of 150 € (Euros) paid for the current year.

This fee may be paid through the Elite Pro website by PayPal:

https//eliteproifbb.com/annual-membership

Or also at the EVENT at the Team Managers and Judges Meeting. Any absences at this meeting will not be allowed to judge at this IFBB Elite Pro Event.